I Claim:

1. An apparatus for holding a reading material, the apparatus comprising:

a. a frame, said frame defining an opening, said frame being adapted to support the reading material above a surface such that the reading material is visible through said opening to a person when said person is reclining upon said surface;

b. a support member, said support member being adapted to support said frame above said surface.

2. The apparatus of Claim 1, said adaptation of said frame to support said reading material comprising: said frame having a first position and a second position, said frame adapted such that when said frame is in said first position the reading material is visible to said person through said opening.

3. The apparatus of Claim 2, said adaptation of said frame to support the reading material further comprising:

a. an upper frame member, said upper frame member engaging said frame, said upper frame member being adapted to support an upper portion of the reading material;

b. a lower frame member, said lower frame member engaging said frame, said lower frame member adapted to support a lower portion of the reading material.

4. The apparatus of Claim 3, said adaptation of said frame to support the reading material further comprising: a lip member, said lip member engaging said frame.

5. The apparatus of Claim 4 wherein said engagement of said upper frame member and said frame is a movable engagement, said upper frame member and said lower frame member define a first distance, said frame is adapted so that said person may select said first distance.

6. The apparatus of Claim 5, further comprising: a vertical member, said vertical member being attached to said frame, said upper frame member slidably engaging said vertical member, said upper frame member and said vertical member adapted to maintain said upper frame member generally normal to said vertical member for every position of said upper frame member.

7. The apparatus of Claim 5 wherein said engagement between said upper frame member and said frame is a slidable engagement.

8. The apparatus of Claim 4 wherein said engagement of said lower frame member and said frame is a movable engagement, said upper frame member and said lower frame member define a first distance, said frame is adapted so that said person may select said first distance.

9. The apparatus of Claim 8, said adaptation of said frame so that said person may select said first distance comprising: a

screw, said screw engaging said frame, said screw adapted so that a rotation of said screw adjusts said first distance.

10. The apparatus of Claim 5 wherein said frame is foldably connected to said support member, said foldable connection between said frame and said support member adapted to allow said frame to move between said first and said second positions.

11. The apparatus of Claim 10, said foldable connection of said frame to said support member comprising: a first hinge, said first hinge joining said frame and said support member.

12. The apparatus of Claim 11, said support member comprising: an arm, said arm being connected to said frame by said first hinge.

13. The apparatus of Claim 12, further comprising:

a. a base;

b. a second hinge connecting said base and said arm.

14. The apparatus of Claim 13, further comprising: a first means to determine a first angle defined by said arm and said frame.

15. The apparatus of Claim 5, further comprising:

a. means to determine an angle defined by said surface and said frame;

b. means to determine a distance between said surface and said frame.

16. The apparatus of Claim 4, further comprising:

a. a floor plate;

b. a column attached to said floor plate, said column adapted to rotatably engage said frame, said rotatable engagement of said column to said frame allowing said frame to move between said first and said second positions.

17. An apparatus for holding a reading material, the apparatus comprising:

a. a frame, said frame having an upper and a lower side, said lower side of said frame defining an opening;

b. a support member connected to said frame, said support member adapted to support said frame at a predetermined distance from a person and a predetermined angle to said person;

c. said upper side of said frame being adapted to support the reading material against a pull of gravity such that the reading material may be observed through said opening defined by said lower side by said person.

18. The apparatus of Claim 17 wherein said frame is adapted to support the reading material of a variety of sizes and wherein said opening defined by said lower side of said frame is adapted so that said person may manipulate or otherwise control the reading material by said person reaching through said opening.

19. The apparatus of Claim 18, said adaptation of said frame to support the reading material of a variety of sizes comprising:

a. a lower frame member, the reading material having a lower portion and an upper portion, said lower frame member engaging said frame and adapted to support said lower portion of the reading material against said pull of gravity;

b. an upper frame member, said upper frame member engaging said frame and adapted to support said upper portion of the reading material against said pull of gravity.

20. The apparatus of Claim 19, said adaptation of said frame to support the reading material of a variety of sizes further comprising:

a. a lip, said lip being attached to said frame, said lip and said lower frame member in combination being adapted to support said lower portion of the reading material;

b. said upper frame member and said lower frame member defining a user-adjustable first distance.

21. An apparatus for holding a reading material, the apparatus comprising:

a. a frame, said frame having a first position and a second position, said frame defining an opening, said frame having an upper and a lower side, said upper side of said frame adapted to support the reading material against a pull of gravity when said frame is in said first position, said lower side of said frame defining an opening, said opening adapted to exhibit the reading material to a person observing said reading

material through said opening when said frame is in said first position;

b. a support member;

c. a first hinge connecting said frame and said support member, said first hinge adapted so that said frame may move between said first and said second positions;

d. said frame having a lower frame member and an upper frame member, said upper frame member being slidably connected to said frame, said upper and said lower frame members defining a user-selectable first distance, said user-selectable first distance being selected to allow said upper frame member and said lower frame member to support said reading material and to allow said person to manipulate or otherwise control said reading material through said opening when said frame is in said first position.

22. An apparatus for holding a reading material, the apparatus comprising:

a. a frame, said frame having a first position and a second position,

b. a plate attached to said frame, said plate being composed of a transparent or substantially transparent material, said plate adapted to support the reading material against a pull of gravity when said frame is in said first position, said plate adapted so that a person may observe the reading material

through said plate when said plate is in said first position and said person is reclining on a surface, said plate defining an opening, said opening adapted so that said person may manipulate the reading material through said opening when said frame is in said first position;

b. a support member;

c. a first hinge connecting said frame and said support member, said first hinge adapted so that said frame may move between said first and said second positions.